

# BIRMINGHAM ROYAL BALLET

## JOB DESCRIPTION

Title: Company Physiotherapist

Responsible to: Head Company Physiotherapist

Team Liaison with: All members of the multidisciplinary team in The Jerwood Centre and BRB Management and ballet staff

### Summary of role:

To assist in providing an effective physiotherapy service, primarily for the BRB company dancers, but also for the other members of the company and Sinfonia as appropriate.

### KEY RESPONSIBILITIES:

#### I Clinical/Medical

1. Assess injured dancers/company members, and provide appropriate treatment and rehabilitation at the Jerwood Centre and on tour
2. Provide health care service provision on tour nationally and internationally including liaising with other members of Jerwood Centre staff and ballet staff, including the Company Manager
3. Deliver rehabilitation of dancers where appropriate
4. Participate in screening of all new and post-injury dancers and advise Head Physiotherapist and Clinical Director of any concerns regarding ability of dances to perform
5. Recommend to the Head Physiotherapist and Clinical Director referrals for investigations or to other health professionals.
6. Advise the Head Physiotherapist and Clinical Director on fitness of dancers to participate in company class, rehearsals and performances.
7. Attend BRB and Jerwood team meetings as requested.
8. Collaborate closely with all other members of the team including the ballet staff on all patients receiving care but in particular those dancers under the Progression Plan
9. Advise Head Physiotherapist and Clinical Director of any worries regarding the general physical and psychological well-being of the company dancers and other members of BRB as appropriate.
10. Deputise for the Head Physiotherapist in his/her absence within agreed limits of authority.

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## II Administration

1. Keep clear records and notes in accordance with the guidelines set down by CSP, and Data Protection guidelines using BRBs Electronic Medical Notes System.
2. Complete injury evaluation documentation as per of the on-going injury audit
3. If required, pack equipment required for UK and overseas tours.

## III Health & Safety:

1. Follow guidance given by Clinical Director regarding appropriate responsibilities under Health & Safety regulations.
2. Report any Health & Safety concerns to the Clinical Director.
3. Provide first aid advice for company members while in Birmingham and on tour, and assist in development of first-aid training across the organisation. (NB: the holder of this position must have an up-to-date first aid certificate.
4. Participate in teaching health/injury prevention/ergonomics to other departments when requested.

## IV Development:

1. Maintain contacts with other physiotherapists working with dance-related injuries in order to share information and increase understanding and awareness of dance-related injuries.
2. Continue to develop physiotherapy skills by attending appropriate courses, subject to funding and approval by Human Resources Director.
3. Attend and participate in the in-service educational programme as part of the CPD of the Jerwood Team
4. Contribute to research initiatives as directed by the Clinical Director.

## V General

1. Work within the rules, regulations and ethics of The Chartered Society of Physiotherapy.

*This job description is a guide to the nature of the work required of the employee and does not form part of the contract of employment. It is neither wholly comprehensive nor restrictive and therefore does not preclude change or development that will inevitably be required in the future*